

WHAT IS CLAIMED IS:

1. A sheet for protecting a paint film, said sheet comprising a substrate and formed on one side thereof a rubber-based pressure-sensitive adhesive layer which comprises a rubbery polymer and incorporated therein a copolymer of at least one aromatic compound with at least one terpene compound or aliphatic hydrocarbon compound.

2. The sheet for protecting a paint film of claim 1, wherein the amount of the copolymer incorporated is from 0.2 to 5 parts by weight per 100 parts by weight of the rubbery polymer.